

AM-CENTER PHOTOGRAPHY CLUB

A monthly speaker presents a on various aspects of photography. Members may also submit photos and receive hints on how to improve them. All levels of photographers are encouraged to join. Club members are available to answer your questions. Guests are always welcome. No Experience necessary.

AMHERST SENIOR MEN’S SOFTBALL LEAGUE (Seasonal)

Open to men, age 60+ for daytime slow-pitch softball games. Play at an Amherst diamond one morning per week. We can connect you to the league club leaders for more information. Basic knowledge of softball and a minimal skill level is required.

AMHERST SENIOR SINGERS

A social singing group with piano accompaniment, playing old-time classics. Group performs at the Senior Center and local senior housing , as well as their annual sing-along at a local Irish pub to celebrate St. Patrick’s Day. Auditions may apply.

ART CLUB

Any medium and any ability welcome. Come whenever you can. There is no instructor just friendly, sharing artists. Bring your own supplies. No instruction provided.

BACKGAMMON CLUB

Friendly play. Open to all. Beginners welcome.

BIBLICAL HEBREW GRAMMAR CLUB

Explore one of the oldest languages in the world. Beginners welcome.

BIKE CLUB (Seasonal)

Meets from the middle of April until the end of September. All that is needed is a bike, helmet and a way to transport your bike. We ride on paved trails from 10-20 miles at 9-10 miles per hour. Trails are from here to Lewiston. We enjoy going out for lunch in the middle or end of ride.

BOARD GAMES CLUB

This club plays a variety of old and new board games. We usually have enough to separate into two or three different games. For evenings at Northtown Center, you are allowed to bring an adult child or friend. So bring your favorite game and play with us. Beginners welcome.

BOOK CLUB

We discuss member-selected titles of various genres monthly. A schedule of upcoming books and meeting dates is available in the brochure rack across from the Fitness Room at the Center and monthly selections and meeting dates are also published in the monthly newsletter.

BRIDGE CLUB

This is a social group. We are competitive but not overly so. Experienced players only.

CANASTA CLUB

Many people played Canasta when they were younger, now it’s your chance to play again in this friendly and competitive environment. Basic or Canadian style. Experienced players welcome.

CHESS CLUB

We have casual chess matches. All levels of play are welcome. Will instruct.

COMMUNITY SERVICE SEWING CLUB

This is a social group with a purpose: Give back to the community through sewing projects. Sew here or take a project to go. Basic sewing skills needed. No training provided.

CRAFT CLUB AT THE NORTHWEST AMHERST COMMUNITY CENTER

This club is for anyone who would like to be crafty. No experience required.

CREATIVE WRITERS CLUB

Whether you want to write a best selling novel or simply a memoir for your family, you will benefit from this group. We cover all levels of writing from how to get started through the various stages of becoming a published author. Beginners welcome.

There is a complete club list on back with all clubs being listed alphabetically.

DINNER CLUB

This club enjoys dining together at nicer restaurants. Membership forms and announcements are in the brochure rack across from the Fitness Room at the Center and sent within our group via email.

DOMINOS CLUB

An old classic, played for socialization and fun. New members and beginners always welcome.

DUPLICATE BRIDGE CLUB

Duplicate Bridge-just like the big guys but without the hassle. We’re not playing for master points, just friendly comparisons of how we played the hand compared to the other players. Some level of expertise required. No teaching.

EUCHRE CLUB

This club is welcoming experienced Euchre players to join their ranks! Experienced players only.

FRENCH CLUB

All things French, from language to culture. Basic French skills required.

GENEALOGY CLUB

Discover your family history; there’s probably a lot you don’t know. Find family members, day-to-day life, notable events, and maybe uncover a secret or two. Beginners welcome. We can help you.

HAND & FOOT CARD CLUB

Hand & Foot is a fun variation of Canasta.

INDIAN SENIOR CITIZENS CLUB (ISCC)

A group of Indian older adults who participate in the ritual of making authentic tea monthly. We welcome everyone to join us!

KNITTING CLUB

Open to members who are experienced in their craft of knitting and/or crochet-ing. The purpose of the group is to craft items to donate to specific outside organiza-tions, as well as for the Senior Center. (no lessons)

MAHJONGG BEGINNER CLUB

All are welcome. Must have an understanding of the rules of the game.

MAHJONGG CLUB

We are always looking for new members. If you are experienced or semi-experienced and have a current mahjong card, feel free to join us. You are invited to come and watch if you do not know how to play. Experienced players only.

MENS GOLF CLUB (Seasonal)

We are a noncompetitive 9 hole golf league. We golf Mon-Wed-Fri mornings at Audubon Golf Course from mid April thru September for fun and exercise. We have a fun tournament once a month and closest to the pin contest every league day. Must know how to play golf and supply own equipment.

NEWS & VIEWS CLUB ON ZOOM

Discuss current events & issues. Divergent opinions welcome. Must be on registered to receive weekly link. All are welcome, weekly attendance is not required.

PINOCHLE CLUB

The classic combination of bidding, melding and trick-taking game played with a 48 card deck. New members welcome. Basic knowledge is preferred.

POKER CLUB

The Poker Club plays a variety of poker games including 5 card draw, 7 card stud and Texas Hold 'Em. Basic knowledge of poker rules is preferred.

POOL CLUB

Join the group for tournament style play. All skill levels welcome

QUILTING CLUB

Friendly Group open to all levels of quilters for socializing and sewing. Beginners welcome.

READERS THEATER CLUB

No prior experience necessary. We practice reading several plays, most of which are comedies, and perform at the Senior Center and area adult residences. Sometimes we use a few props and always enjoy good friendships! Beginners welcome.

READING POETRY ALOUD CLUB

Speaking and listening to poetry dramatizes our shared human experience; exercise your lungs, explore and be inspired by poems. Open to all-no experiences necessary.

ROCKY BLUES BAND CLUB

Our club consists of experienced musicians who meet to jam on blues, soul, and pop music from the 50’s to the 70’s. We have performed at events in the Senior Center, Audubon Library, and the Jewish Center and expect to do more performing in the future. Experienced musicians only.

RUMMIKUB CLUB

Join us for this tile game where participants re-arrange number tiles into sets or se-quences of three or more until one person uses up all tiles from their original rack. We have also introduced a challenging new crisscross version at some tables for those who are interested. Beginners welcome.

SCRABBLE CLUB

Love word games? Check us out! Open book style. Beginners welcome.

SPANISH CLUB ON ZOOM

Join us on Zoom for conversation in Spanish based on videos available thru Yabla.com (small subscription fee). If you know the basics (>1yr HS or 1 semester of college) we can help you to stretch your Spanish skills! Advanced beginners only.

SPEAKING ITALIAN LANGUAGE CLUB

If you are fluent and/or studying the Italian language, you are welcome to participate. This is not a teaching club but rather an opportunity to practice speaking Italian.

STAINED GLASS CLUB

A weekly social gathering of the curious as well as the lovers of glass. The sky is the limit on creative ideas that transform to reality in glass form. Just your time and inter-est to learn is all that’s needed! Beginners welcome.

TAI CHI CLUB

An ancient Chinese tradition based in martial arts that involves slow movements and breath. Learn & and practice the 108 movements of Taoist Tai Chi. Think of it as medi-tation in motion. New members and beginners always welcome.

TUESDAY AFTERNOON MUSIC CLUB

This is a group of experienced musicians who meet weekly and perform occasionally. The group focuses on 50’s and 60’s rock, blues and country music. Group is currently closed to new members, but encourages ASC members to come in for their listening pleasure. Experienced musicians only.

UPHOLSTERY CLUB

Challenge yourself by working on your own project with instruction and assistance from other club members, while socializing with the mutually supportive group. Some supplies and equipment are available and completion time is dependent on your project's complexity. Beginners welcome.

WOODCARVING CLUB

Beginner or experienced, all are welcome. We work on class projects and work on individual projects. Learn the basics, we cover all aspects of carving; tools, safety, wood, painting and wood burning. No tools? We can work something out for you to get started. Beginners welcome.

BENEFITS OF JOINING A CLUB

As you age, you should strive to keep your body in shape by exercising, eating well and maintaining a healthy and active lifestyle. And while these are great ways to remain young at heart, you shouldn’t forget about your social life. Studies have shown that interacting with others will sharpen your mind, increase your self-worth and enhance your physical and mental health.

So now that you realize that staying connected should be a vital part of your life, how should you go about staying socially active? Join a club! Is there a better way to stay socially active than to meet regularly with people who have similar interests? <https://nyehealthservices.com/blog/join-the-social-club-seniors-benefit-from-staying-connected/>

HOW DO I JOIN A CLUB?

In order to join a Club at the Center, you must be a member. Membership information can be found at AmherstCenterforSeniorServices.com/membership, by calling 716-636-3051 or visiting us on John James Audubon Parkway.

If you are interested in joining a club or auditing a club meeting, you must register. We want to ensure there is space and seating for you. All clubs and meeting times are on the adjacent section. Not all clubs have openings. Register on MyActiveCenter.com or call 716-636-3051.


If you have any question regarding a particular club, it is best to speak to the club leader by preregistering and attending a club meeting. All Club Leaders are Senior Center Volunteers.

DO YOU HAVE AN IDEA FOR A CLUB?

If your are interested in forming a new Club, please contact Doreen at dnotaro@amherst.ny.us. She will see if there is interest from our membership base. If here are ten or more people interested, she can work with you to get your club started!



CLUB LIST	
Am-Center Photography Club	2nd and 4th Tuesday of the month, 1:00 -3:00
Amherst Senior Men's Softball League	Fridays, Seasonal
Amherst Senior Singers Club	Wednesdays, 1:00-3:00
Art Club	Mondays, 1:00-3:30
Backgammon Club	Thursdays, 12:30
Biblical Hebrew Grammar Club	1st and 3rd Tuesdays, 6:00-7:30
Bike Club <i>seasonal</i>	Wednesdays, 9:30-11:30
Board Game Club-Afternoons	Wednesdays and Thursdays, 12:30-3:30
Board Game Club-Evenings	Thursday at Northtown Center 6:30—10:00
Book Club	4th Monday, 1:00
Bridge Club	Tuesdays, 2:00-4:00
Canasta Club	Thursdays, 1:00-4:00
Chess Club	Tuesdays, 12:15-4:00
Community Service Sewing Projects	Mondays, 8:30-11:00
Craft Club	Tuesdays, 10:00-12:00 at NWACC
Creative Writers Club	1st & 3rd Mondays, 10:00-12:00
Dinner Club	Info on rack across from Fitness Room
Dominos Club	Wednesdays, 12:30
Duplicate Bridge Club (Mon)	Mondays, 1:00-4:00
Duplicate Bridge Club (Fri)	Fridays, 1:00
Euchre Club	Tuesdays, 12:00
French Club	2nd and 4th Mondays, 12:30-2:00
Hand & Foot Club	Thursdays, 3:30-5:00
Indian Senior Citizens Club	2nd Thursday of the month, 4:30
Genealogy Club	1st Tuesday, 10:30-12:00
Knitting Club	Tuesdays, 9:30-11:30
Mah Jongg Club	Tuesdays, 1:00-3:30
Mah Jongg Club (Beginner)	Fridays, 9:30-12:00
Men's Golf Club <i>seasonal</i>	Monday, Wednesday, Friday morning
News & Views ZOOM Club	Fridays, 10:00-11:30
Pinochle Club (Mon)	Mondays, 12:45-4:00
Pinochle Club (Wed)	Wednesdays, 12:45-4:00
Poker Club	Thursdays, 1:00-2:30
Pool Club	Tuesdays, 2:00-5:00
Quilting Club	1st and 3rd Mondays 1:00-3:30
Reader's Theater Club	Mondays, 1:30
Reading Poetry Aloud Club	Wednesdays, 9:00-10:00
Rocky Blues Band Club	Fridays, 12:30
Rummikub Club	Fridays, 1:00-4:00
Scrabble Club	Tuesdays, 10:00-12:30
Spanish ZOOM Club	Thursdays, 1:30
Speaking Italian Language Club	Fridays, 1:00-2:00
Stained Glass Club	Thursdays, 9:00-12:30
Tai Chi Club	Wednesdays & Fridays, 1:30-2:30
Tuesday Afternoon Music Club	Tuesday, 1:00
Upholstery Club	Wednesdays, 9:00-12:00
Wood Carving Club	Tuesdays, 9:00-11:30



Town of **AMHERST**

Senior Center

2025 CLUB
INFORMATION

**370 John James Audubon Parkway
Amherst, NY 14228
716-636-3051
AmherstCenterforSeniorServices.com**