

There is a complete club list on back with all clubs being listed alphabetically.

DOMINOS CLUB

An old classic, played for socialization and fun. New members always welcome.

DUPLICATE BRIDGE CLUB

Duplicate Bridge-just like the big guys but without the hassle. We're not playing for master points, just friendly comparisons of how we played the hand compared to the other players. We have all levels of players.

EUCHRE CLUB

This club is welcoming experienced Euchre players to join their ranks!

FRENCH CLUB

All things French, from language to culture. Basic knowledge of French language suggested

GENEOLOGY CLUB

Discover your family history; there's probably a lot you don't know. Find family members, day-to-day life, notable events, and maybe uncover a secret or two. We can help you.

INDIAN SENIOR CITIZENS CLUB (ISCC)

Our group is run by Indian older adults who participate in the ritual of making authentic tea monthly. We welcome everyone to join us!

KNITTING CLUB

Open to members who are experienced in their craft of knitting and/or crocheting. The purpose of the group is to craft items to donate to specific outside organizations, as well as for the Senior Center. (no lessons)

MAHJONGG BEGINNER CLUB

All are welcome

MAHJONGG CLUB

We are always looking for new members. If you are experienced or semi-experienced and have a current mahjong card, feel free to join us. You are invited to come and watch if you do not know how to play.

MENS GOLF CLUB

We are a noncompetitive 9 hole golf league. We golf Mon-Wed-Fri mornings at Audubon Golf Course from mid April thru September for fun and exercise. We have a fun tournament once a month and closest to the pin contest every league day.

NEWS & VIEWS CLUB ON ZOOM

Discuss current events & issues. Divergent opinions welcome. Must be on club roster to receive weekly link.

PATHFINDERS CLUB-Walking

We are a walking club. We walk weekly and have a different place each week, with carpool from center. We hike about three-four miles on grass, hard packed dirt and paved trails.

PINOCHLE CLUB

The classic combination of bidding, melding and trick-taking game played with a 48 card deck. New members welcome.

QUILTING CLUB

Friendly Group open to all levels of quilters for socializing and sewing

AM-CENTER PHOTOGRAPHY CLUB

A monthly speaker presents a on various aspects of photography. Members may also submit photos and receive hints on how to improve them. All levels of photographers are encouraged to join. Club members are available to answer your questions. Guests are always welcome.

AMHERST SENIOR SINGERS

A social singing group with piano accompaniment, playing old-time classics. Group performs at the Senior Center and local senior housing facilities, as well as their annual sing-along at a local Irish pub to celebrate St. Patrick's Day. Auditions may apply.

ART CLUB

Any medium and any ability are welcome. Come whenever you can. There are usually two-eight artists present. There is no instructor just friendly, sharing artists. Bring your own supplies.

BACKGAMMON CLUB

Friendly play. Open to all.

BIBLICAL HEBREW GRAMMAR CLUB

Explore one of the oldest languages in the world. All are welcome.

BIKE CLUB

Meets from the middle of April until the end of September. All that is needed is a bike, helmet and a way to transport your bike. We ride on paved trails from 10-20 miles at 9-10 miles per hour. Trails are from here to Lewiston. We enjoy going out for lunch in the middle or end of ride.

BOARD CLUB

This club plays a variety of old and new board games. We usually have enough to separate into two or three different games. For evenings at Northtown Center, you are allowed to bring an adult child or friend. So bring your favorite game and play with us.

BOOK CLUB

We discuss member-selected titles of various genres monthly. A schedule of upcoming books and meeting dates is available in the brochure/ stand across from the Wellness Room at the Center and monthly selections and meeting dates are also published in the monthly newsletter.

BRIDGE CLUB

This is a social group. We are competitive but not overly so.

CANASTA CLUB

Many people played Canasta when they were younger, now it's your chance to play again in this friendly and competitive environment. Experienced players welcome.

CHESS CLUB

We have casual chess matches. Players of all abilities are welcome.

COMMUNITY SERVICE SEWING CLUB

We are a social group with a purpose. We give back to the community through sewing projects. Sew here or take a project to go.

CREATIVE WRITERS CLUB

Whether you want to write a best selling novel or simply a memoir for your family, you will benefit from this workshop. We cover all levels of writing from how to get started through the various stages of becoming a published author.

DINNER CLUB

This club enjoys dining together at nicer restaurants. Membership forms and announcements are in the brochure/ stand across from the Wellness Room at the Center and sent within our group via email.

READERS THEATER CLUB

No prior experience necessary. We practice reading several plays, most of which are comedies, and perform at the Senior Center and area adult residences. Sometimes we use a few props and always enjoy good friendships!

ROCKY BLUES BAND CLUB

Our club consists of experienced musicians who meet to jam on blues, soul, and pop music from the 50's to the 70's. We have performed at events in the Senior Center, Audubon Library, and the Jewish Center and expect to do more performing in the future.

RUMMIKUB CLUB

Join us for this tile game where participants re-arrange number tiles into sets or sequences of three or more until one person uses up all tiles from their original rack. We have also introduced a challenging new crisscross version at some tables for those who are interested.

SCRABBLE CLUB

Love word games? Check us out!

SPANISH CLUB ON ZOOM

Join us on Zoom for conversation in Spanish based on videos available thru Yabla.com (small subscription fee). If you know the basics (>1yr HS or 1 semester of college) we can help you to stretch your Spanish skills!

STAINED GLASS CLUB

A weekly social gathering of the curious as well as the lovers of glass. The sky is the limit on creative ideas that transform to reality in glass form. Just your time and interest to learn is all that's needed!

TAI CHI CLUB

An ancient Chinese tradition based in martial arts that involves slow movements and breath. Learn & and practice the 108 movements of Taoist Tai Chi. Think of it as meditation in motion. New members always welcome.

TUESDAY AFTERNOON MUSIC CLUB

This is a group of experienced musicians who meet weekly and perform occasionally. The group focuses on 50's and 60's rock, blues and country music. Group is currently closed to new members, but encourages ASC members to come in for their listening pleasure.

UPHOLSTERY CLUB

Challenge yourself by working on your own project with instruction and assistance from other club members, while socializing with the mutually supportive group. Some supplies and equipment are available and completion time is dependent on your project's complexity.

WALKING CLUB-EVENING

Leisurely walk through Walton Woods and surrounding neighborhood, weather permitting. Meets in the Lobby .

WOODCARVING CLUB

Beginner or experienced, all are welcome. We work on class projects and work on individual projects. Learn the basics, we cover all aspects of carving; tools, safety, wood, painting and wood burning. No tools? We can work something out for you to get started.

BENEFITS OF JOINING A CLUB

As you age, you should strive to keep your body in shape by exercising, eating well and maintaining a healthy and active lifestyle. And while these are great ways to remain young at heart, you shouldn't forget about your social life. Studies have shown that interacting with others will sharpen your mind, increase your self-worth and enhance your physical and mental health.

So now that you realize that staying connected should be a vital part of your life, how should you go about staying socially active? Join a club! – Is there a better way to stay socially active than to meet regularly with people who have similar interests?

<https://nyhealthservices.com/blog/join-the-social-club-seniors-benefit-from-staying-connected/>

HOW DO I JOIN A CLUB?

In order to join a Club at the Center, you must be a member. Membership information can be found at AmherstCenterforSeniorServices.com/membership, by calling 716-636-3051 or visiting us on John James Audubon Parkway. We're right between the Audubon Library and Amherst Police Department!



If you are interested in joining a club or auditing a club meeting, you must register. We want to ensure there is space and seating for you. All clubs and meeting times are on the adjacent section. Not all clubs have openings. Register on MyActiveCenter.com or call 716-636-3051.

If you have any question regarding a particular club, it is best to speak to the club leader by preregistering and attending a club meeting.

IS THERE SOMETHING YOU WANT ON THE CLUB LIST?

If you are interested in forming a new Club, please contact Jodi at jkwarta@amherst.ny.us. She will see if there is interest from our membership base. If there are ten or more people interested, she can work with you to get your club started!



CLUB LIST

Am-Center Photography Club	2nd and 4th Tuesday of the month, 1:00 -3:00
Amherst Rocky Blues Band Club	Fridays, 12:30
Amherst Senior Singers Club	Wednesdays, 1:00-3:00
Art Club	Mondays, 1:00-3:30
Backgammon Club	Wednesdays and Thursdays, 12:30-4:00
Biblical Hebrew Grammar Club	First and third Thursdays, 10:00-12:00
Bike Club <i>seasonal</i>	Wednesdays, 9:30-11:30
Board Game Club-Afternoons	Wednesdays and Thursdays, 12:30-4:00
Board Game Club-Evenings	Most Wednesday nights at Northtown Center from 6:30–10:00. See MyActiveCenter.com for schedules
Book Club	4th Monday, 1:00
Bridge Club	Tuesdays, 2:00-4:00
Canasta Club	Thursdays, 1:00-4:00
Chess Club	Tuesdays, 12:15-4:15
Community Service Sewing Projects Club	Mondays, 8:30-11:00
Creative Writers Club	1st & 3rd Mondays, 10:00-12:00
Dinner Club	Info on rack across from Wellness Room
Dominos Club	Mondays, 12:30-3:00
Duplicate Bridge Club (Mon)	Mondays, 12:30-4:00
Duplicate Bridge Club (Fri)	Fridays, 12:30
Euchre Club	Tuesdays, 1:00
French Club	Second and fourth Mondays, 12:30-2:00
Indian Senior Citizens Club	2nd Thursday of the month, 4:30
Genealogy Club	1st and 2nd Tuesday of month, 10:30
Knitting Club	Tuesdays, 9:30-11:30
Mah Jongg Club	Tuesdays, 1:00-3:30
Mah Jongg Club (Beginner)	Fridays, 9:30-12:00
Men's Golf Club <i>seasonal</i>	Call Jodi to connect with Club Leader
News & Views ZOOM Club	Fridays, 10:00-11:30
Pathfinders Club <i>seasonal</i>	Tuesdays, 9:00-11:00
Pinochle Club (Mon)	Mondays, 12:45
Pinochle Club (Wed)	Wednesdays, 12:45-3:30
Quilting Club	1st and 3rd Mondays at 9:30
Reader's Theater Club	Mondays, 1:30
Rummikub Club	Fridays, 1:00-4:00
Scrabble Club	Tuesdays, 10:00-12:30
Spanish ZOOM Club	Thursdays, 1:30
Stained Glass Club	Thursdays, 9:00-12:30
Tai Chi Club	Wednesdays & Fridays, 1:30-2:30
Tuesday Afternoon Music Club	Tuesday, 1:00
Upholstery Club	Wednesdays, 9:00-12:00
Walking Club-Evening	Tuesday & Thursdays at 6:00pm
Wood Carving Club	Tuesdays, 9:00-11:30

The Town of Amherst Center for Senior Services

JOIN THE CLUB

2024 CLUB LIST

370 John James Audubon Parkway
Amherst, NY 14228
716-636-3051
AmherstCenterforSeniorServices.com